

# PRIVACY POLICY

Your privacy is respected and is very important to us and Jentle Hypnobirthing is committed to protecting all of your personal data. This privacy policy explains all the personal data that we collect from you and how we use it. We reserve the right to change this policy at any time therefore it is important that you check this document occasionally. This privacy policy has been written to provide you with the following information:

- What data we collect from you
- How we use your personal data
- How we collect your personal data
- Your legal rights relating to your personal data

Jentle Hypnobirthing is the controller and is responsible for your personal data (collectively referred to as 'Jentle Hypnobirthing', 'I', 'we', 'us')

We will only collect data for legitimate interests. The personal data that Jentle Hypnobirthing may include, but is not limited to:

- Name/s
- Address
- Telephone numbers
- Email addresses

We may also collect your baby's due date, the date they are born and their name.

We may use this personal data to contact you before, during or after the course. This data will be collected on enrolment to a course.

Under no circumstances do we, or never will, share any of the personal data that we collect from you to anyone, unless we are required to do so by law. A third-party organisation that I use to take payment for the courses is PayPal, here is a link to their privacy policy:

<https://www.paypal.com/en/webapps/mpp/ua/privacy-full>

The participants agree that Jennifer Howarth and Jentle Hypnobirthing will hold your details securely on file and computer and, in accordance with the GDPR Act 2018, you have the right to view, amend or delete your individual file by giving at least seven days' written notice. The personal data you provide will be deleted/shredded after 5 years.